

Flashcards & Self- Quizzing

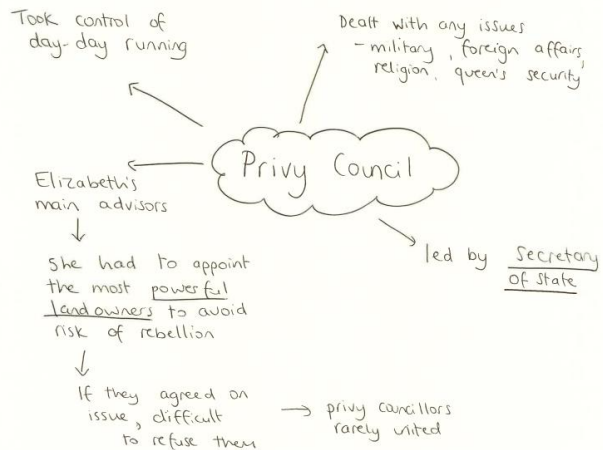
- Help your child to make flashcards with the information they need to learn for their knowledge retrieval test.
- Keep information on cards brief and to the point. Try to include pictures or diagrams to jog their memory.
- Put the question or a prompt on one side and the information they need to remember on the other or put a word on one side and a definition on the other.

Examples:

Elizabethan England

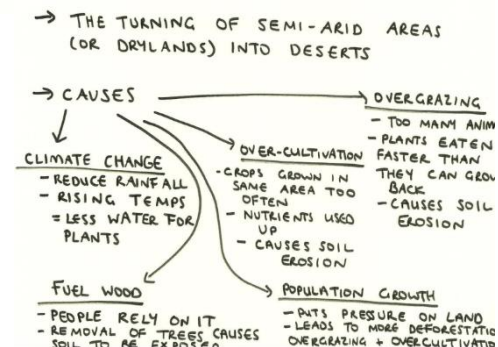
Privy Council

- ① What did they control?
- ② What issues did they deal with?
- ③ Who did she need to appoint & why?
- ④ Who led the council?



DESERTIFICATION

- WHAT IS IT?
- CAUSES? (5)



- Look at the flashcards and read aloud a few times. Then, look at the question / definition and try to remember the answer / description
- Shuffle the cards and do it again a couple of times.
- Now, try to look at the answer / description and try to remember the question / definition
- Shuffle the cards and do it again a couple of times.
- Put the cards that they know very well aside.
- Concentrate on the cards that they find harder. Write the information out several times using the look, cover, write, check method and then give them another go!

There are many ways to test knowledge:

- Turn over the flashcard and write down as much from memory as accurately as possible. Then flip and check the accuracy of what is written down. Use a different coloured pen to correct any errors and fill in any gaps.
- Make quizzes and tests to complete the next day or 2 days later to check how much they can remember.
- Encourage your child to create quizzes for their friends and swap
- Create a quiz based on the information your child needs to learn or encourage other family members to help out!

While the brain is not a muscle that gets stronger with exercise, the neural pathways that make up a body of learning do get stronger, when the memory is retrieved and the learning is practised. Periodic practice prevents forgetting, strengthens retrieval routes, and is essential for hanging onto the knowledge you want to gain.