

# Physical Education

		Lesson content	Assessment	Homework/Revision	
04/09/23	1	Unit 24 – Key factors that influence health and safety Unit 25 – examine outdoor equipment and facilities Unit 27 – examining types of expedition		Investigation legislation and legal factors Facilities and equipment Research expedition types	
11/09/23	2	Unit 24 – Regulatory bodies Unit 25 – Coursework development Unit 27 – Key features and Aims of Expeditions		Investigation Regulatory bodies  Examine the key features and aims of expeditions	
18/09/23	3	Unit 24 – Factors that influence delivery Unit 25 – Correct use of outdoor equipment Unit 27 – Selecting appropriate expeditions		Safety and correct use of equipment Research Great Glen Way itinerary	
25/09/23	4	Unit 24 – Course work Learning aim A completion Unit 25 – coursework development Unit 27 – Planning considerations	Unit 24 – Learning aim A coursework hand in		
02/10/23	5	Unit 24 – Procedures that promote safety and quality Unit 25 – correct use of outdoor facilities Unit 27 – Health and safety	Unit 27: Learning aim B coursework due: Plan expeditions for Canoeing	Operating procedures Visit to outdoor activity providers Risk assessment plan	Data 1 Opens
09/10/23	6	Unit 24 – Coursework development Unit 25 – Learning aim A completion Unit 27 – Undertaking expedition Canoe (skills required)	Unit 25 – Learning aim A coursework due	Examine key skills required for canoe expedition	Data 1 Closes
16/10/23	7	Unit 24 – importance of following procedure Unit 25 – Developments in equipment Unit 27 – Undertaking expedition		Good Practice Comparing innovative equipment	Data home 1
23/10/23	8	Unit 24 – Coursework development Unit 25 – Coursework development Unit 27 – Evidencing expeditions skills		Reasons to ensure safety	

06/11/23	9	Unit 24 – Coursework completion Unit 25 – Developments in facilities Unit 27 – Review of expedition planning	Unit 27: Learning Aim A assessment Due	Research developments in facilities	
13/11/23	10	Unit 24 – Coursework development Unit 25 – Completion of learning aim B Unit 27 – Review of undertaking expedition	Learning aim B coursework due	Reflective report writing	
20/11/23	11	Unit 24 - Risk assessment planning Unit 25 – Standards for equipment Unit 27 – Personal development plan		Legislation research Developing risk assessments	
27/11/23	12	Unit 24 – Coursework development Unit 25 – coursework development Unit 27 – Expedition planning (Mountain biking considerations)			
04/12/23	13	Unit 24 - Session planning Unit 25 – Checking testing and maintaining equipment Unit 27 – Expedition health and safety		Practical revision of checking and testing Planning safe sessions	<b>Y13 MOCKS</b>
11/12/23	14	Unit 24 – Learning aim b coursework Unit 25 – coursework development Unit 27 – Mountain biking skills required.	Unit 27: Learning Aim B assessment due: Mountain biking		<b>Y13 MOCKS</b> <b>Y13 PRACTICAL SUBJECTS</b> <b>MOCKS</b>
18/12/23	15	Unit 24 - Reviewing Unit 25 – benefits of testing equipment Unit 27 – Alternative planning	Unit 24 learning aim B hand in		<b>Y13 PRACTICAL SUBJECTS</b> <b>MOCKS</b>