



RAINFORD HIGH
SIXTH FORM

FUTURE-PROOFING YOU FOR YOUR NEXT STEPS TO SUCCESS



EVERYONE MATTERS
EVERYONE HELPS
EVERYONE SUCCEEDS



INTRODUCTION

Enrichment is an important part of Sixth Form education as these opportunities allow you to grow and develop as a young person. Sixth Form is one of the most challenging academic undertakings you will experience and it is important to balance this with other activities outside the classroom.

At Rainford, we have built an enrichment experience that is underpinned by the school ethos of Everyone Matters, Everyone Helps, Everyone Succeeds. Through this ethos we have been able to provide you with a number of opportunities to get involved.



PATHWAY BASED ENRICHMENT

Sixth Form is a crucial time in a young person's life owing to the fact that you are making big decisions based on your future aspirations. With this in mind, students can align themselves with a certain academic pathway and take part in enrichment activities based on this pathway. The main academic pathways are outlined below: -

Architecture	Art/Graphic Design	Engineering	Law/Politics	Medicine / Dentistry/ Veterinary Science	Physiotherapy	Science/ Technology
Subjects you should consider: -	Subjects you should consider: -	Subjects you should consider: -	Subjects you should consider: -	Subjects you should consider: -	Subjects you should consider: -	Subjects you should consider: -
<ul style="list-style-type: none"> • Fine Art • Mathematics • One other 	<ul style="list-style-type: none"> • Fine art / Photography • Graphics • One other 	<ul style="list-style-type: none"> • Mathematics (essential) • Further Maths (for some courses) • Physics • Chemistry (for Chemical engineering) 	<ul style="list-style-type: none"> • History • English Literature • Law • Politics • Philosophy/ethics (Traditional essay-based A-levels) 	<ul style="list-style-type: none"> • Chemistry (essential) • Biology or Physics • One other (Maths recommended) 	<ul style="list-style-type: none"> • PE • Biology • One other 	<ul style="list-style-type: none"> • Two traditional science subjects • Maths (preferred)
<p>Enrichment opportunities to get involved within subject areas: -</p> <ul style="list-style-type: none"> • UKMT Senior Maths Challenge • CANSAT competition • Heart of Glass links • Gallery visits to Liverpool • Artist studio visits • University degree show visits- Manchester (MMU) 	<p>Enrichment opportunities to get involved within subject areas: -</p> <ul style="list-style-type: none"> • Heart of Glass links • Gallery visits to Liverpool • Artist studio visits • University degree show visits- Manchester (MMU) 	<p>Enrichment opportunities to get involved within subject areas: -</p> <ul style="list-style-type: none"> • Nuffield Science placements • Chemistry Olympiad • Young analyst competition 	<p>Enrichment opportunities to get involved within subject areas: -</p> <ul style="list-style-type: none"> • Liverpool crown court • Learn with The Lords • Visit to the National museum of justice north • Moot Court session at UCLAN Foreign Policy Conference • Houses of parliament tour Guest lecturers from universities • Liverpool Hope project 	<p>Enrichment opportunities to get involved within subject areas: -</p> <ul style="list-style-type: none"> • Diabetes nurse Q&A 	<p>Enrichment opportunities to get involved within subject areas: -</p> <ul style="list-style-type: none"> • Guest lecture • St George's Park training 	<p>Enrichment opportunities to get involved within subject areas: -</p> <ul style="list-style-type: none"> • Nuffield Science placements • Chemistry Olympiad • Young analyst competition • Field work Ainsdale Sands • Diabetes nurse Q&A • CERN trip • Workshops with Daresbury Laboratories (particle physics) • University of Manchester masterclasses
<p>Enrichment opportunities to get involved within Sixth Form: -</p> <ul style="list-style-type: none"> • Design competition to be displayed 	<p>Enrichment opportunities to get involved within Sixth Form: -</p> <ul style="list-style-type: none"> • Design competition to be displayed • Design graphics for the Sixth Form magazine 	<p>Enrichment opportunities to get involved within Sixth Form: -</p> <ul style="list-style-type: none"> • TBC 	<p>Enrichment opportunities to get involved within Sixth Form: -</p> <ul style="list-style-type: none"> • Sixth Form council • Debate club • Amnesty International Society 	<p>Enrichment opportunities to get involved within Sixth Form: -</p> <ul style="list-style-type: none"> • First aid qualification (Cost £10) • Knifesavers bleed training • Interview a current Med school student • Visit to EDGE Hill University medical school • Visit to Clatterbridge Cancer centre 	<p>Enrichment opportunities to get involved within Sixth Form: -</p> <ul style="list-style-type: none"> • First aid qualification (cost) • Support vulnerable students in learning support • Mental Health ambassadors 	<p>Enrichment opportunities to get involved within Sixth Form: -</p> <ul style="list-style-type: none"> • STEM Club accreditation • Academic mentoring for Ascend pupils • Girls in STEM Day • Faraday Challenges



PATHWAY BASED ENRICHMENT (CONTINUED)

Computing/ICT	Media/Film/Drama/Music	Languages	Nursing	Teaching (Primary)	Teaching (Secondary)	Business/Finance
Subjects you should consider: -	Subjects you should consider: -	Subjects you should consider: -	Subjects you should consider: -	Subjects you should consider: -	Subjects you should consider: -	Subjects you should consider: -
<ul style="list-style-type: none"> • Computer Science • Maths (Preferred for a lot of computer science courses) • ICT 	<ul style="list-style-type: none"> • Media studies • Performing arts for performance courses) • Graphics • Business 	<ul style="list-style-type: none"> • Spanish/French • English Language • English Literature • English combined 	<ul style="list-style-type: none"> • Health & Social • Biology • One other 	<ul style="list-style-type: none"> • Require GCSE 5 plus in Maths and English • Balance of A-levels to allow entry to Degree then ITT option such as PGCE or schools direct as well as Bachelor of Education 	<ul style="list-style-type: none"> • Academic A-levels to degree and then various ITT routes 	<ul style="list-style-type: none"> • Business studies • Economics • Mathematics
<p>Enrichment opportunities to get involved within subject areas: -</p> <ul style="list-style-type: none"> • Training at Manchester cyber security centre • Big Data – Meeting with Liverpool One data manager • Trip to SAE Liverpool 	<p>Enrichment opportunities to get involved within subject areas: -</p> <ul style="list-style-type: none"> • Trip to SAE Liverpool • Theatre trips • Performance • School Production • Visiting theatre companies • Les Miserables masterclass • Free music lessons • Concert trips 	<p>Enrichment opportunities to get involved within subject areas: -</p> <ul style="list-style-type: none"> • FLA sessions with a native speaker • Links to Manchester Metropolitan University- grammar, film and literature workshops and a national translation competition • Foreign cinema visits • Students have the opportunity to participate and run whole-school events to raise the profile of language 	<p>Enrichment opportunities to get involved within subject areas: -</p> <ul style="list-style-type: none"> • Diabetes nurse Q&A • Safeguarding presentations • Outside speakers including paramedics, nurses, social workers. • School trips to Health and social care setting 	<p>Enrichment opportunities to get involved within subject areas: -</p> <ul style="list-style-type: none"> • Talks by leaders of primary/ secondary education • School experience within a range of local primary/ secondary schools • Support with accessing various teacher development programmes 	<p>Enrichment opportunities to get involved within subject areas: -</p> <ul style="list-style-type: none"> • Talks by leaders of primary/ secondary education • School experience within a range of local primary secondary schools • Support with accessing various teacher development programmes 	<p>Enrichment opportunities to get involved within subject areas: -</p> <ul style="list-style-type: none"> • Online lectures/moocs • Cadburys Trip • Chester zoo marketing trip • Manage an event as part of your coursework – raising money for local charities • Guest speakers from local businesses to the Bank of England
<p>Enrichment opportunities to get involved within Sixth Form: -</p> <ul style="list-style-type: none"> • Supporting the school website and school social media strategy • Understanding GDPR protocols and developing student cyber safety group, presenting to other members of the school community and supporting whole school personal development 	<p>Enrichment opportunities to get involved within Sixth Form: -</p> <ul style="list-style-type: none"> • Film club • Rainford TV (promotional work) • Sixth Form magazine • School Performance 	<p>Enrichment opportunities to get involved within Sixth Form: -</p> <ul style="list-style-type: none"> • Online TEFL qualification (£75 cost) • British sign language qualification (£14 each, covid offer £3) 	<p>Enrichment opportunities to get involved within Sixth Form: -</p> <ul style="list-style-type: none"> • First aid qualification (cost) • Mental Health first aid qualification 	<p>Enrichment opportunities to get involved within Sixth Form: -</p> <ul style="list-style-type: none"> • Supporting form time at KS3 • Reading buddies • Supporting SEND and KS3 subjects • Delivering assemblies • Mentors for academic success 	<p>Enrichment opportunities to get involved within Sixth Form: -</p> <ul style="list-style-type: none"> • Supporting form time at KS3 • Reading buddies • Supporting SEND and KS3 subjects • Delivering assemblies • Mentors for academic success 	<p>Enrichment opportunities to get involved within Sixth Form: -</p> <ul style="list-style-type: none"> • TBC

ENRICHMENT

As a member of the Rainford High Sixth Form community, we encourage you to get involved in as many enrichment opportunities as possible. One reason for this is because it will be something you can include on any university or apprenticeship application or on a CV, but that isn't the main reason why you should get involved in enrichment. The main reason to get involved in enrichment is because it is enjoyable.

Sixth Form is one of the most enjoyable times of a young person's life and it is an opportunity to try new things, develop new skills, give back to the community and develop as an individual. With this in mind we have developed three awards based on your participation in Sixth Form enrichment. Your progress in meeting these awards can be logged under your 'unifrog competencies.' With UCAS' renewed focus on enrichment as part of the university application process, it's more important than ever that you get involved in activities outside of the classroom.

Examples of ongoing activities include:

Debate Society	Business society	LGBTQIA+ Society
Duke of Edinburgh award	First aid training	Mental Health First Aid Training
Amnesty International and Human Rights Society	Managing Money for Young Adults qualification	British Sign Language Qualification
Literary Canon Reading Buddies	Charity Committee	Sixth-form Study Buddies

PERSONAL DEVELOPMENT AND CAREERS EDUCATION INFORMATION ADVICE AND GUIDANCE (CEIAG)

In an age where sixth formers need to explore career options more than ever before, Rainford High Sixth Form is committed to offering a complete programme of support for parents and students. The provision includes:

- Opportunity to discuss career goals post-18 through one-to-one career guidance interviews
- All students in lower sixth have access to UniFrog to help support their post-18 decisions
- Annual careers fair
- Lectures, working lunches, workshops and webinars, all designed to help inform and advise
- Support with UCAS guidance – in particular course research and choices
- Personal statement support in partnership with the University of Liverpool, Liverpool John Moores University and Edge Hill University
- Strong connections to our alumni students, who help support, mentor and advise

Our aim is to provide pupils with a framework for making proper decisions about their future development. We provide access to course information and impartial guidance which allows students to evaluate the best route for them. This is underpinned by a realistic analysis of their academic interests and strengths, as well as insight into the nature of particular areas of work and the choices available to them.



UCAS SUPPORT

Applying to university is one of the most exciting yet difficult decisions that a young person needs to make. It is crucial that you think about this carefully and make the right decision. With this in mind, we pride ourselves in making sure students make the right choices regarding their futures post 18. With a dedicated team of advisers on hand to support students, we use our collective experience to make sure our young people are confident in the choices they make. In order to support students in doing this you can expect the following support:

- Presentations from various universities covering a range of topics such as 'Introduction to higher education,' 'Choosing the right course,' and 'The UCAS process'
- Trip to the [UCAS](#) convention in Manchester
- Virtual university open day hosted by UK University search
- Personal statement writing workshops
- 1:1 support with a dedicated UCAS advisor
- Bespoke support through the Unifrog University search tool

APPRENTICESHIP SUPPORT

For students considering an apprenticeship rather than going to university, we have extensive experience in preparing students for their apprenticeship application. With links with the [Apprenticeship Support and Knowledge for Schools and Colleges programme \(ASK\)](#), we are able to support students in finding their next steps. Students wanting apprenticeships can expect to experience the following:

- Attend the North West Apprenticeship show
- Induction session and registration with Amazing Apprenticeships
- Bespoke 1:1 or small group session based on your choice of apprenticeship theme with a representative from the ASK programme
- 1:1 meeting with a member of the 6th form team to discuss your plans for apprenticeships



HONOURS PROGRAMME

In order to support our highest achieving students, we have developed a programme of activities to support students in their applications to Oxford or Cambridge. These sessions are designed to give students the necessary experiences and tools in order to write a very competitive application. In order to be eligible for this programme students must achieve a mixture of 9s/8s/7s in their GCSEs. The sessions detailed below are whole group sessions, however we also offer 1:1 interview practice to support students and access external support when needed.

Session number	Session / activity Description
1	Intro to the programme, discussion of options post 18 and prerequisites
2	Discussion of the Russell Group universities and reasons why students should consider them
3	Scholarships / Bursaries / Grants and what is available to support academic study
4	Interview techniques / practice questions
5	Higher level apprenticeships
6	Super-curricular enrichment
7	Oxbridge conference in Aintree to attend guest lectures as well as seminars on the application process
8	Oxbridge residential trip to Christ Church College, Oxford and the University open day
9	School-based session delivered by external company on making a competitive application
10	Admission tests and what to look for

We have a strong history of success when it comes to students achieving places at Oxford or Cambridge. Every year honours programme pupils have the opportunity to visit either Oxford or Cambridge on an overnight residential. During this trip, pupils will have the chance to stay in student halls, explore the city and attend guest lectures. The school also has strong links with Individual colleges at Oxbridge, such as St. Peter's who often come in to deliver tailored sessions on the Oxbridge application process



DUKE OF EDINBURGH GOLD AWARD

Amazing opportunities await you at Rainford High Sixth Form

Gold DofE – Discover you, discover adventure, discover your future.

Gold DofE is a journey that will help you shine in our sixth form.



Where will Gold DofE take you?

The award has enormous value to both future employers and university applications.

There are 5 elements to gold (see below)

GOLD		<i>Plus an extra 6 months in the Volunteering, or longer of the Skills or Physical sections, if you haven't got Silver.</i>
Volunteering	12 months	
Physical	one section for 12 months, the other for 6 months	
Skills		
Expedition 4 days 3 nights		
Residential 5 days 4 nights		

We have created a bespoke programme that will take you on a life-changing journey and we will be making memories that will last a lifetime. Our expedition adventure starts in the Lake District where you will learn key skills canoeing on open water; we have 2 training sessions before our next step!

We will travel to Scotland on our practice expedition and explore the highlands in canoes along with a trek.

Finally, your expedition adventure ends in Norway where we will canoe through the fjords and trek over the mountains!

We also guide you with the residential section; we are planning to make a difference in places like West Africa, South of France or a UK based project.

Staff are on hand to help you with each element of the award.

Your final destination is Buckingham Palace, where you will receive recognition from royalty for all your efforts.

LEVEL 3 COREMATHS

Level 3 Mathematical Studies (Core Maths) is a relatively new qualification designed for students to help to develop their mathematical skills and thinking and supports courses such as A-level Psychology, Sciences and Geography as well as technical and vocational qualifications.

Mathematical studies aims to prepare students for the mathematical demands of higher education and work where there is a distinct mathematical or statistical element, but where the mathematical demands do not stretch to a requirement for A-level mathematics.

The course focuses on applications of mathematics. Topics include analysis of data (including spreadsheets and tabular), maths for personal finance and some useful applications of statistics such as the normal distribution, probabilities, estimation, correlation and regression.

EXTENDED PROJECT QUALIFICATION - EPQ

The [Extended Project Qualification](#) is a freestanding qualification designed to stretch and challenge students and is optional in Year 12.

You choose your own project which you can then explore in depth. The project could be an aspect of a subject you're studying or a topic you have a personal interest in.

This level of choice and flexibility means you are engaged and motivated and will gain valuable research and project management skills along the way.

The EPQ is equivalent to 50% of an A-level and is assessed at A-level standard. It will develop and extend from one or more of your study areas and/or from an area of personal interest outside your main programme of study.

It is entirely flexible and will be based on a topic chosen by you. The final product can be equally flexible and can take the form of a 5000-word report (on any topic you can think of!) or an artefact. Artefacts can include:

- A piece of art (sculpture, painting etc)
- A piece of music
- A video (trailer / documentary / music video)
- A script or performance
- A short story or novella
- A magazine
- Literally anything!

If you choose an artefact, it must be accompanied by a 1000-word report, detailing your processes.

Your project can take the form of whatever is most suitable for the topic. The EPQ is recognised and valued highly by universities, as it will clearly demonstrate your ability to manage your own workload and study independently and may even reduce your university offer.

50% of students achieved A*/A this year!



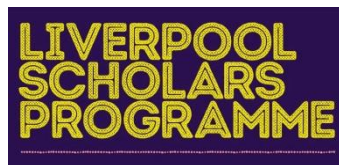
Careers Pathways:

At Rainford Sixth form we appreciate that many of our pupils have high career aspirations. We strive to provide bespoke support for pupils aiming to work in the most competitive industries such as medicine and law in order to ensure that every pupil has the opportunity to succeed.

Allied Medical Professions Pathway



- Exclusive campus visits to the new school of medicine at Edge Hill University.
- Site visit and charity support opportunity to the Clatterbridge Cancer Trust in Central Liverpool.
- Talks and outreach from university experts, former students, and medical professionals.
- Expert support throughout the application process.
- Opportunity and guidance in accessing the Liverpool Scholars outreach Programme



Law, Politics Policing and Criminology Pathway

- Expert support and guidance in completing LNAT.
- Exclusive campus visits and activities at UCLAN's state of the art Moot Court.
- Talks and outreach from Universities, former students, legal and policing professionals and even MPS!
- Expert support throughout the application process



COLLEGE TRIPS

Rainford High Sixth Form, in recent years, has offered students a cultural experience as part of their overall college experience. Having taken students to Beijing, New York and Washington DC, we are looking to organise experiences like this again as the COVID-19 pandemic allows for travel. With this in mind we have two options that we are exploring, one of which would be heavily subsidised to allow all new Y12 students to attend.

TRIP TO LONDON (SUBSIDISED)

We are looking to take all new Y12 students on a subsidised trip to London to explore our national heritage and experience the capital with all it has to offer. The proposed itinerary is as follows but is subject to change: -

Day 1	Day 2	Day 3	Day 4
Depart school Arrive in London Matinee show in the West End Evening meal	Tower of London Trafalgar Square The National Gallery Tate Modern Evening meal	Science Museum London Dungeons London Eye Thames River Cruise	Return to school

TRIP TO IRELAND

As well as offering a trip to London for all Y12 students, we are also looking at a trip to Dublin and Belfast to explore the relationship between the UK and the Emerald Isle. This will be an opportunity to experience Irish culture and learn about the History between the two countries. A proposed itinerary is below but is subject to change:

Day 1	Day 2	Day 3	Day 4
Departs school by coach and travel to Holyhead port. Arrive Accommodation and check-in. Afternoon at leisure in Dublin.	Full day in/around Dublin. Overnight in Dublin.	Check-out of Dublin accommodation. Morning travel by coach to Belfast. Afternoon in/around Belfast. (OR spend the morning in/around Dublin and afternoon coach travel to Belfast). Check-in to Belfast accommodation. Overnight in Belfast	Return to school
Possible things to do in Dublin		Possible things to do in Belfast	
Skyline and Croke Stadium Tour (home of hurling and Gaelic football) Zipit Forest Adventure Dublin Zoo Butler's Chocolates Leprechaun Museum Book of Kells, Trinity College Library Dublinia, a historical museum The Irish Emigration Museum Time in Dublin's Temple Bar area, walk over the Ha'penny bridge, see Christ Church Cathedral Hands-on morning at Causey working farm including traditional turf cutting, bodhrán class, céilí dancing, bog visit, sheepdog demonstration		Titanic Museum Belfast Giant's Causeway Carrick-a-Rede Rope Bridge Ulster Museum Stormont and Parliament Buildings The Story of the Troubles and Peace Process Tour	





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SCHOOLS TRUST

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