Year 11 – Examinations 2026

RAINFORD HIGH

Determine that the thing can and shall be done and then... find the way.

~ Abraham Lincoln

Key Dates Left

Event	Date 2026
Return after Easter	Monday April 13th
Year 11 Rewards Evening	Thursday 23rd April
GCSE Examinations Start	Friday May 8th
Last official day in school before study leave	Friday 12th June
Last examinations	Tuesday June 17th
Final assembly, shirt signing	June 18th 12:00-3:00pm
Contingency Day	Wednesday 24th June
Year 11 Prom	Thursday 25th June
July	Bridging work from GCSE to 'A' - Level Available from School
GCSE Results Day and 6th Form Access	Thursday 20th August from 8 am New App available!

Some revision….

Why can we remember this? Repetition strengthens neural connections in the brain. It's a form of procedural memory. That is, it is a highly automatised process like riding a bike: it's something we are able to do without thinking much about it.

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How far did Hoover's economic policy change the American economy in the early 1930s?

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Side 1

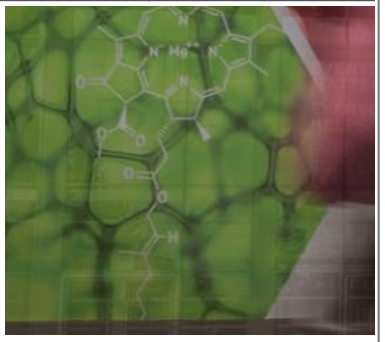
Hoover's economic policy

Side 2

1. Rugged Individualism - RI
2. Response to the Great Depression - RGD
3. Hawley Tariff - HT
4. Bonus Army and Public Perception - BAPP

on the Website

GCSE Examination Timetable Summer 2026			
Date	Start	Length	Subject / Component
Friday 8th May	9am	1hr 15mins	Sports Studies: Contemporary Issues in Sport
	1pm	1hr 45mins	Drama
Monday 11th May	9am	1hr 45mins	English Literature: Paper 1
Tuesday 12th May	9am	1hr 45mins	Religious Studies A Paper 1 Option 3 Christianity Religious Studies A Paper 1 Option 6 Judaism
	1pm	1hr 45mins	Biology: Paper 1
	1pm	1hr 15mins	Combined Science Trilogy – Biology: Paper 1
Wednesday 13th May	9am	1hr 30mins	
	1pm	2 hours	
Thursday 14th May	9am	1hr 30mins	
	9am	1hr 30mins	
Friday 15th May	9am	2 hours	
Monday 18th May	9am	1hr 45mins	
	9am	1hr 15mins	
Tuesday 19th May	9am	2hr 15mins	
	1pm	1h 45mins	
	1pm	1hr 15mins	
Wednesday 20th May	9am	1hr 45mins	
	1pm	1hr 45mins	



YR11 Countdown to GCSE Application sessions

Monday	Tuesday	Wednesday	Thurs
Lunch time 12.45-1.15pm	Lunch time 12.45-1.15pm	Lunch time 12.45-1.15pm	Lunch time 12.45-1.15pm
Subject: Photography Topic: Externally set exam project Staff: Mr Hughes Room: N113	Subject: Resistant materials Topic: NEA Coursework Room: S106 (Until 6th March) Staff member: Mr Bayliss	Subject: Resistant materials Topic: NEA Coursework Room: S106 (Until 6th March) Staff member: Mr Bayliss	Subject: Graphics Topic: Coursework Staff: Miss Pullen Room: S101
Subject: Spanish Topic: Listening & Reading Staff: Miss Zarain Room: E108	Subject: Spanish & French Topic: Speaking support Staff: Miss Charlesworth Room: E112	Subject: Fine Art Topic: Coursework Staff: Miss Brothers Room: N110	Subject: English Literature Topic: Paper 2 Staff: Miss Drury / Miss Seddon Room: E009
Subject: Hospitality & Catering Topic: Controlled assessment Staff: Miss McKnight Room: S112	Subject: Maths - Higher Topic: Past paper support Staff: Miss Rich Room: W104	Subject: Maths - Foundation Topic: Past paper support Staff: Miss Rich Room: W104	Subject: Religious Studies Topic: Exam prep Staff: Mr Penfold Room: E104
Subject: Textiles Topic: Coursework Staff: Miss Holmes Room: S103	Subject: ICT Topic: Unit 1 ICT in Society Staff: Mrs Wall Room: S202	Subject: Textiles Topic: Coursework Staff: Miss Holmes Room: S103	After school 3.15pm – 4.15pm Subject: Spanish Topic: Speaking support Staff: Miss Ravenall Room: E115
Subject: English Literature Topic: Paper 1 Staff: Mrs Range / Mrs Pullen Room: E008	Subject: Graphics Topic: Coursework Staff: Miss Pullen Room: S101	Subject: Graphics Topic: Coursework Staff: Miss Pullen Room: S101	Subject: History Topic: Exam skills Staff: Mr Winstanley Room: E109
After school 3.15pm – 4.15pm Subject: MFL Topic: Speaking support Staff: Miss Miranda Room: E111	After school 3.15pm – 4.15pm Subject: Drama Topic: Component 3 (until 20th March) Component 1 exam Staff: Miss Abbott Room: Auditorium	Subject: English Language Topic: Paper 2 Staff: Mr Calderbank / Wainwright Room: E010	Subject: Textiles Topic: Coursework Staff: Miss Holmes Room: S103
Subject: Resistant materials Topic: NEA Coursework Room: S106 (Until 6th March) Staff member: Mr Bayliss	Subject: Computing Topic: Knowledge application Staff: Mr Williams Room: S205		Subject: English Topic: 7-9 Masterclass Staff: Mr Wainwright Room: E018
Subject: Biology / Chemistry / Physics Topic: Higher Staff: Mr Heaton, Mr McKeown Room: S02b	Subject: Child Development Topic: Coursework catch up Staff: Miss Johnston Room: C003		Subject: Music Topic: Component 3 Catch up Staff: Mrs McFadden Room: N105
Subject: Biology / Chemistry / Physics Topic: Foundation Staff: Mr Spedding / Miss Belford Room: S02a			**Friday**
			Lunch time 12.45-1.15pm Subject: Hospitality & Catering Topic: Controlled assessment Staff: Miss McKnight Room: S112
			Subject: Spanish & French Topic: Speaking support Staff: Miss Charlesworth Room: E112
			Subject: Graphics Topic: Coursework Staff: Miss Pullen

EXAMS INFORMATION EVE

RAINFORD HIGH

PARTNER OF THE EVERYONE MATTERS SCHOOLS TRUST

Year 11

Everyone Succeeds Evening

Making Outstanding Progress –

Parents Supporting Students at Rainford High School

Exam Procedures May 8th – June 12th
AM Exams begin at 9AM
PM Exams begin at 1PM

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- Full uniform
- If exam – go straight to canteen in the morning; no exam = form
- Break as normal if no exam other wise short break at end of exam
- Lunch @ 12:25 if have an exam
- Lessons between exams – can revise with teacher or for other subjects
- Bring revision materials

GCSE Examination Timetable Summer 2026			
Date	Start	Length	Subject / Component
Friday 8th May	9am	1hr 15mins	Sports Studies: Contemporary Issues in Sport
	1pm	1hr 45mins	Drama
Monday 11th May	9am	1hr 45mins	English Literature: Paper 1
Tuesday 12th May	9am	1hr 45mins	Religious Studies A Paper 1 Option 3 Christianity Religious Studies A Paper 1 Option 6 Judaism
	1pm	1hr 45mins	Biology: Paper 1
	1pm	1hr 15mins	Combined Science Trilogy – Biology: Paper 1
Wednesday 13th May	9am	1hr 30mins	Geography: Paper 1
	1pm	2 hours	Computer Science: Paper 1B
Thursday 14th May	9am	1hr 30mins	Mathematics Paper 1: Foundation
	9am	1hr 30mins	Mathematics Paper 1: Higher
Friday 15th May	9am	2 hours	History: Paper 1 America & Conflict
Monday 18th May	9am	1hr 45mins	Chemistry: Paper 1
	9am	1hr 15mins	Combined Science Trilogy Chemistry: Paper 1
Tuesday 19th May	9am	2hr 15mins	English Literature: Paper 2
	1pm	1h 45mins	Computer Science: Paper 2
	1pm	1hr 15mins	Child Development: Health and Well-being
Wednesday 20th May	9am	1hr 45mins	French Listening and Reading - Higher
	1pm	1hr 45mins	Religious Studies A: Paper 2 Thematic Studies

Exam Procedures June 12th – June 16th
AM Exams begin at 9AM
PM Exams begin at 1PM

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- Only required in school for exams
- Full uniform
- Arrive 10-15 minutes before exam starts
- Can stay in school between exams / to revise if necessary – revise in 6th form common room

Friday 12th June	9am	1hr 45mins	Chemistry: Paper 2
	9am	1hr 15mins	Combined Science Trilogy Chemistry: Paper 2
	1pm	1hr 15mins	Polish Writing - Higher
	1pm	1hr 20mins	Hospitality and Catering: Unit 1
	1pm	1hr 30mins	Statistics: Paper 2
Monday 15th June	9am	1hr 45mins	Physics: Paper 2
	9am	1hr 15mins	Combined Science Trilogy Physics: Paper 2
	1pm	1hr 45mins	Further Mathematics: Paper 2
Tuesday 16th June	9am	1hr 10 mins 1hr 15mins	Spanish Writing – Foundation Spanish Writing - Higher
Wednesday 24th June	**CONTINGENCY DAY**		

Crammers – Intense Application Sessions with Students

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MONDAY 13TH MAY	SPORT STUDIES	2&3	11D/Sx1		S002B
			11A/Sx1		S106
			11D/Sx2		S001
TUESDAY 14TH MAY	HISTORY	5	11A/Hi1		E110
			11A/Hi2		E110/E107
			11C/Hi1		E107
	COMPUTER SCIENCE		11A/Cp1		S205
			11B/Cp1		S204
WEDNESDAY 15TH MAY	COMPUTER SCIENCE	3	11A/Cp1		S205
			11B/Cp1		S204
	MATHS *(ALL YEAR 11 EXCEPT COMPUTER SCIENCE STUDENTS)*	4&5	11r1		W109
			11r2		W108
			11r3		W107
			11r4		W017
			11r5		W110
			11h1		W111
			11h2		S110
			11h3		W105
			11h4		W104
			11h5		W102
			11h6		W103

Equipment

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- **Equipment is not provided except in emergencies**
- **Pen (and spares!)**
- **Pencil**
- **Ruler**
- **Rubber**
- **Sharpener**
- **Calculator, compass and protractor**
- **See-through pencil case**

- Clear plastic bottles
- NO labels on the bottles
- Try to avoid drinking too much…

29 school days to 1st exam
26 non-school days….

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We must help to develop a positive stress mindset – it's how you view stress.
If you view stress positively, then **you will feel better** and **perform better**

During times of heightened stress you need to develop 3 things:

1. A large skill and knowledge base from which to draw
2. Self regulation and routine – manage your focus and how you talk to yourself – can help you deliver under pressure
3. Stress mindset is not set in stone – focus on what's causing the stress and your attitude can reduce negative feelings

The Importance of Routine
2 hours per day; weekends 4+

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Attention can be optimised by providing routines and structure. The brain thrives on patterns and familiarity, and when tasks follow a structured routine, it reduces uncertainty and anxiety, creating an optimal environment for learning.

This predictability allows the brain to focus more attention on absorbing information rather than processing unfamiliar situations. Routines are particularly useful for children and adolescents because the areas of the brain responsible for attention and self-regulation are still developing. (Blakemore, 2018)

No Phones or Smartwatches

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'**Listening** to music averages a **60% reduction** in retention.

The mere presence of a mobile phone or smartwatch leads to a **20% reduction** in attention, concentration and performance in tasks that are demanding and complex.

So **why** do many students do it?

Habit.

Often students **confuse** something that improves their **mood** with what leads to **good learning**, alleviating boredom and thinking that everyone does it.'

Make a revision timetable

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Week 1	Monday 26th Feb	Tuesday 27th Feb	Wednesday 28th Feb	Thursday 29th Feb	Friday 1st March	Saturday	Sunday
Before school		R.E. East block Miss McIn…	English E010 M…	Histor…			…istory
After school session	English					English	Food
			…ding	Maths Tutor		Maths	Sports Studies
…e …sh… …uld last approx. 45 mins	R.E.	English Food Science	History R.E.	Science English	Sports Studies	* Catch up on any other homework	* Catch up on any homework

Commitment is what transforms a promise into a reality

What is the most effective way to revise

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Note taking	Highlighting notes or work completed	Post-it notes of key facts	Mnemonics
Re-reading of old notes	Summarising key points	Creating visual representations of knowledge	Testing yourself with short quizzes
Completion of practice papers	Flashcards	'Bulk revision' – revising one subject for a long period	Revision timetable

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Simply – how you do it

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- Flashcards make you revise actively
- You should make your own flashcards
- Keep the information brief
- Add an image
- Say your answers out loud while studying (or write them down!)
- Test your learning multiple times – successive relearning - Push beyond one and done
- Space out your revision

How far did Hoover's economic policy change the American economy in the early 1930s?

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4 pieces of information

1. **Rugged Individualism - RI**
2. **Response to the Great Depression - RGD**
3. **Hawley Tariff - HT**
4. **Bonus Army and Public Perception - BAPP**

Flashcards – No ‘1 and done’!

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Side 1	Side 2
Hoover’s economic policy	1. Rugged Individualism - RI 2. Response to the Great Depression - RGD 3. Hawley Tariff - HT 4. Bonus Army and Public Perception - BAPP

We can do it –
we must have faith and confidence!

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EVERYONE MATTERS EVERYONE HELPS EVERYONE SUCCEEDS