



RAINFORD HIGH

**EVERYONE MATTERS
EVERYONE HELPS
EVERYONE SUCCEEDS**

RAINFORD.ORG.UK

UPCOMING EVENTS

* Dance Show

Our wonderfully talented dancers will be showcasing their work on the 16th June.

* Year 11 Leavers' Day

A chance to sign shirts and gather for their last school assembly on the 18th June.

* Year 11 Prom

A chance to dress up in their finest and celebrate the end of exams 25th June.

* Summer Music Concert

A wonderful evening of musical performances from our talented music students 7th July.

* Night at the Musicals

Come and enjoy a wonderful evening of song and dance on the 2nd and 3rd of July.

* Drama Club Show

Drama club invite you to showcase their performances on the 8th July.

* Year 7 Parents' evening

Meet with your child's teachers online - appointments via School cloud 9th July.



School Trip

A Day of Drama, History, and Ice Cream in Stratford-upon-Avon

What happens when you combine Shakespeare, sunshine, and a coach full of enthusiastic students? A brilliant day out in Stratford-upon-Avon, that's what. Our students swapped classrooms for cobblestones this week, heading to the home of the Bard himself for a trip that packed in culture and history.

The highlight of the day was undoubtedly the Royal Shakespeare Company's production of Henry V. Watching Shakespeare performed where it's meant to be seen is something special, and our students were completely gripped by the action on stage. There's nothing quite like live theatre to bring those speeches to life. "Once more unto the breach" hits differently when actors are within feet of you!

The group also visited Shakespeare's Birthplace, where they got to wander through the very rooms where William Shakespeare grew up. It's a bit surreal standing in the house where one of history's greatest writers spent his childhood, probably being told to tidy his room like the rest of us.

Afterwards, there was time to explore Stratford's charming market town. Tudor buildings, independent shops, and riverside walks made for the perfect backdrop to an afternoon of wandering.

A massive well done to all the students who attended. They were curious, engaged, and an absolute credit to the school throughout the day. Staff received several compliments from members of the public about their behaviour which is always lovely to hear.

Letter from Mr Young

As we reach the end of another busy and inspiring half term at Rainford High, I am incredibly proud to reflect on the many ways our school community continues to live out our ethos: Everyone Matters, Everyone Helps, Everyone Succeeds. These are not just words on a page, they are values that we see in action every single day, in classrooms, on trips, on the sports field, and in the wider community.

Everyone Matters

This half term has reminded us of the importance of ensuring that every student feels valued, supported, and heard. From the CC class visit to Liverpool, where students were encouraged to step outside their comfort zones and celebrate personal growth, to Lydia's outstanding work as a Member of Youth Parliament representing the voices of young people across St Helens, we see clear examples of students being empowered and recognised as individuals. In quieter but equally important ways, we have seen this through the care shown in classrooms, the support offered during exam preparation, and the wide range of opportunities that allow every student to explore their interests, from theatre visits to cultural experiences.

"We delight in the beauty of the butterfly, but rarely admit the changes it has gone through to achieve that beauty." – Maya Angelou

Everyone Helps

This half term has been full of moments where our students and staff have worked together, supporting one another to achieve more than they could alone. Whether it was students encouraging each other during climbing activities, teammates demonstrating resilience and unity in competitive fixtures, or parents and staff working in partnership to support Year 10 students as they prepare for their mock examinations, the strength of our community has been evident throughout. Our Year 11 students have also embodied this value through their commitment to revision sessions, motivating each other and approaching their exams with determination. Staff continue to go above and beyond, creating rich opportunities that extend learning far beyond the classroom.

"When we realise we are all interconnected, we can begin to lift each other higher." – Oprah Winfrey

Everyone Succeeds

Success at Rainford High comes in many forms, and this half term we have had so much to celebrate. From impressive sporting achievements, including cup victories, championship titles and remarkable comebacks, to the dedication shown by students in their academic studies, success has been earned through perseverance, teamwork and belief. We have also celebrated success in the arts, with students preparing for performances such as Night at the Musicals and the Summer Concert, alongside the cultural richness of trips such as Stratford-upon-Avon. Crucially, success is also reflected in personal growth, the confidence gained through Duke of Edinburgh expeditions, the courage to take on new challenges, and the resilience shown when faced with difficulty.

"It always seems impossible until it's done." – Nelson Mandela

A Final Thank You

I would like to thank our students for their enthusiasm, conduct, and commitment, they continue to be a credit to our school. I also extend my sincere thanks to our staff, whose dedication ensures that these opportunities are possible, and to our families for their continued support.

Together, we are building a community where everyone truly does matter, where we help one another to grow, and where success is something everyone can achieve. Good luck to all of our year 11 and year 13 in their continuing GCSE and Post 16 exams and qualifications.

I wish you all a restful and enjoyable half term break,

Yours sincerely,
Ian Young
Principal

CC Class Step Outside Their Comfort Zones



As part of their ASDAN Adventure and Residential course, the CC class enjoyed an exciting and enriching trip to Liverpool. Our first stop was Awesome Walls, where students challenged themselves physically and emotionally through indoor climbing. The session focused on stepping outside comfort zones, building teamwork, and developing emotional regulation skills, with pupils supporting and encouraging one another throughout. Many students showed real perseverance and resilience, particularly when faced with new or challenging climbs. It was fantastic to see confidence grow as the session progressed, with pupils recognising their own achievements and celebrating those of their peers. These experiences linked closely to the personal and social development aims of the ASDAN course.

Following this, we visited the World Museum Liverpool, giving students the opportunity to explore the wider world and its rich heritage. This visit placed a strong emphasis on research skills, curiosity, and independent learning, as pupils followed their inquisitive minds through a wide range of exhibits. Students engaged thoughtfully with the displays, asking insightful questions and making links to their learning back in school. The calm environment also provided valuable opportunities to practise emotional regulation and respectful behaviour in a public setting. Overall, the trip was a fantastic success, providing meaningful real-world learning experiences and supporting pupils' personal growth, teamwork skills, and academic development.

This term in Pictures...



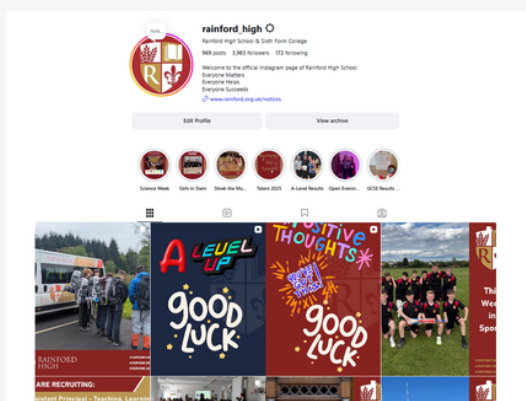
Our wonderful year 11's have shown amazing dedication to their studies by attending extra revision and 'crammer' sessions for their exams. Demonstrating the best of our ethos - staff have commented on the brilliant work ethic demonstrated in the sessions. We wish our students all the best in the exam season and know they will do us proud!



Year10 parents were invited to a mock exam preparation session hosted by Mr. Murphy and Mrs. Begley. The session helped to prepare parents for their child's first set of mock exams and gave advice and tips on how to best support their child on their journey towards GCSE success. Thank you to all the parents that attended this session.



We had a wonderful evening celebrating our year 11 and 13 students who embody the best of Rainford High and our Sixth Form College. Our rewards evening was a fantastic opportunity to celebrate the achievements of these students alongside their parents. The ceremony was a lovely way to reward the students for their hard work, resilience and dedication to their studies. We were also treated to a fantastic musical performance by George, Tasha, Amy and Esme



We can't capture every great moment in our newsletter, so make sure to follow us on Instagram for all the latest updates from around the school!

Our Member of Youth Parliament!



We are incredibly proud to celebrate the recent achievement of one of our students, Lydia, who has been successfully elected as a Member of Youth Parliament (MYP) for St Helens. This is an outstanding accomplishment, and Lydia has already made an impressive start in her new role.

Since being elected, Lydia has taken part in a wide range of exciting and meaningful opportunities. Most notably, she represented young people across the borough on BBC Radio Merseyside, where she discussed the work of the Youth Council and the changes young people would like to see in St Helens and the wider community. This was a fantastic opportunity for Lydia to have her voice heard on a public platform.

Lydia has also attended a residential event with St Helens Youth Council and Halton Youth Cabinet, where she collaborated with other young leaders through a series of engaging workshops focused on personal development, community awareness, and leadership skills. During this time, she also participated in a regional meeting with other MYPs from across the North West, providing valuable opportunities to share ideas and gain insight from fellow representatives. In addition, Lydia has contributed to a mental health report launch, where she was involved in creating content, recording a podcast, and supporting promotional materials. This important work highlights the voices and experiences of young people across Merseyside and will help to inform future support and provision. Looking ahead, Lydia is continuing to develop her campaign, "Here and Now", which focuses on promoting mental health awareness and supporting young people to access help when they need it. We look forward to seeing the positive impact of her work and are excited to follow her journey over the coming months. We are extremely proud of Lydia's dedication and commitment to representing young people, and we wish her every success in her role.

Bronze Dof E



Students working towards their Bronze Duke of Edinburgh Award have been taking part in a rigorous and rewarding programme of training and expeditions, designed to develop both practical skills and personal resilience.

In the lead-up to their expeditions, students attend structured after-school training sessions where they build a strong foundation in essential outdoor skills. These sessions prepare them for their Practice Expedition, which takes place in the stunning surroundings of Llangollen in North Wales. During this weekend, students work through key elements of the assessment syllabus before putting their learning into practice on an unguided, checkpointed walk, developing their confidence in navigation and teamwork.

Following the practice expedition, students continue to refine their skills, with a particular focus on route planning, map reading and route cards. This training prepares them for their qualifying expedition in the Ribble Valley, where students undertake a challenging two-day walk covering a total distance of 26km. Throughout the expedition, students demonstrate independence, self-sufficiency and teamwork, as well as key camping and outdoor living skills.

In addition, students gain valuable experience in first aid and emergency procedures, ensuring they are well-equipped to respond to real-life situations. The Duke of Edinburgh Award continues to be a fantastic opportunity for students to grow in confidence, develop resilience and create lasting memories through adventure.

Performing Arts Trip to London!



Year 10 students recently enjoyed a fantastic trip to London as part of their performing arts enrichment programme. The visit provided a memorable opportunity to experience the vibrant theatre scene and explore some of the capital's most iconic attractions.

The trip began with a fascinating behind-the-scenes tour of the historic Theatre Royal Drury Lane, where students gained an insight into the world of professional theatre. This was followed by a visit to the London Dungeons, which certainly kept everyone entertained – with even some staff members finding themselves briefly “locked in” during the experience!

Students also had the chance to explore Camden Market, taking in its unique atmosphere and enjoying a spot of retail therapy. A particular highlight of the trip was attending two outstanding West End performances: The Lion King and The Mousetrap. Both productions were thoroughly enjoyed and provided valuable inspiration for

students studying performing arts. In addition to the cultural experiences, the trip offered students the opportunity to develop their independence, confidence, and teamwork skills as they navigated a busy city environment together. It was wonderful to see students representing the school so positively, embracing new experiences, and supporting one another throughout the trip.



The school would like to extend its sincere thanks to the staff who generously gave their time to support the trip and ensure it was such a success.



Collaborative Art Project



Over the Spring term, a small cohort of Year 9 students took part in a truly inspiring collaborative art project alongside students from Mill Green School. The project brought young people together to create artwork simply for the enjoyment of creativity, fostering a positive and inclusive environment for all involved.

Facilitated by Createarts, the initiative involved a series of engaging workshops where students worked together to produce a shared artistic outcome. A key focus of the project was to break down barriers around disability, encouraging understanding, collaboration and mutual respect. Throughout the workshops, students developed important skills such as teamwork, communication and artistic expression.



The project also provided a valuable opportunity for students to build confidence and form new friendships in a supportive setting. It was wonderful to see participants engaging so positively, embracing creativity, and taking pride in their work. The experience not only strengthened artistic skills but also reinforced the importance of inclusion, empathy and collaboration within our school community.

Sports News



Football - Year 10 boys played in the Town Cup Final against Hope Academy. With a great performance all round, Rainford got the job done with a 3-0 win! Goals from Seth (2) and Louis. POTM - Reuben.



Football - Year 9 boys took on Cowley in the Plate final. Despite the great weather and some excellent playing by the boys, sadly, they fell short. Some great team work and resilience on show. Well done boys!



Football Year 8 boys made Rainford High history this week by becoming the first winners of the boys Merseyside Cup. In a rollercoaster match the boys recovered from being 2 goals down TWICE to eventually win 6-4 and lift the trophy for the very first time. A hat-trick from Joey and goals from Georgie, Archie and Tom earnt the hard fought victory. Well done on an amazing season boys!!



Football - Year 9/10 Girls - on an extremely hot but windy day our girls hosted Sandbach High in the last 16 of the National Cup. With an extremely tough week losing their captain to injury, our girls showed resilience and determination to get through the game. A tough first half could have had the score either way but the second half was all Rainford. A great hat-trick from Bella saw the game end 3-0. We are so proud of the team work and discipline they all showed. POTM Bella!!!! Quarter finals here we come!!!



Football- Year 7 Girls - Won the St Helens Cup final this week - brilliant team work and determination from the girls saw them edge to victory with a 4-3 win against Rainhill. Goals from Ruby, Emily, Poppy and Elsa.



Football - Year 7 boys football smashed it in the St Helens Cup final winning 3-0 to take home the trophy. Goals from Luke, Harrison and Sam sealed off a convincing win against a strong Rainhill team! Well done boys.



Rugby - It has been a busy and highly successful half term for the Year 8 boys' rugby team. The team continued their defence of the St Helens Cup with a narrow 18-14 semi-final victory over Cowley, battling through a tough and competitive match.

In the national competition, the boys produced an outstanding comeback in their quarter-final against St Peter's Orrell. Trailing 22-12 late in the game, the team showed incredible resilience to score two late tries, with Oscar Lyon keeping his nerve from the touchline to secure a thrilling 24-22 win and a place in the semi-finals.



The team's momentum continued in the North West stages, where they claimed a 14-6 victory in Bedford before facing Brooksbank in the semi-final. After a challenging start, the boys demonstrated exceptional character, scoring 32 unanswered points in the final 20 minutes to secure a dominant 38-14 win.

They now look ahead to the national final, with the chance to retain their title.

Sports News



Cricket - Y7+8 boys cricketers beat Cowley down at Ruskin in a great game of hard ball cricket. Dan had great figures of 2 wickets for 2 runs in his 2 overs, and both Finn and Sam managed to get 25 runs to retire. Well done all involved.



Netball - Year 9 Girls played against Rainhill High in their final. They took the lead early with some fast centre passes and great defensive interceptions. The team controlled the game from the start and won convincingly. The score being 22-7. POTM - Amelie. Congratulations on becoming Town Champions.



Athletics - Our athletics teams were in action in the Merseyside round of the Track and Field Cup in Wavertree. A fantastic performance by all involved with all four groups getting through to the North West rounds after half term. Our Year 7 girls team stole the show by scoring in the top 3 schools across all 5 counties in the North West!!



Rugby - Year 9 girls rugby won The Champion Schools North West Final on Tuesday against Bedford High School. The girls battled it out in a tough game and were drawing 16-16 for most of the second half. Kate crossed with an excellent individual try to make it 20-16 with only 3 minutes left of the game. All the team put in a really solid performance with captain, Layla being awarded player of the match. We are very proud of all the girls as this is the third year in a row they have been crowned North West Champions.



Cricket - Our first ever game of girls hard ball cricket for the u15s. A fantastic effort from all involved but St Peter's proved too strong for us. Well done to the team.



Cricket - A group of Year 7 girls took part in a 'Spirit of Cricket Festival' at Old Trafford Cricket Club. They took part in a variety of cricket games and challenges. The girls represented the school brilliantly!



Football - Year 9/10 girls played the National Cup quarter final against John Spence High School. A strong performance on and off the ball, along with a brilliant hat trick from Georgie unfortunately were not enough to see the girls through to the semi final. Despite this it has been an amazing season for the girls who have excelled in everything they have done and shown what girls football in Rainford it all about! Best of luck for next season girls!!

**Year 11
Pre-loved
Uniform
Wanted!**



**Bring in pre-loved
uniform & branded PE kit
in good condition.**



**DROP AT
RECEPTION
BEFORE 30TH
JUNE**