



<https://rainford.org.uk/sixth-form/>



01744 885914



Higher Lane Rainford
St Helens Merseyside WA11
8NY



@Rainford_High

ENRICHMENT BOOKLET 2026/27



RAINFORD HIGH SIXTH FORM

EVERYONE MATTERS EVERYONE HELPS EVERYONE SUCCEEDS!

Everyone Matters

Everyone Helps

Everyone Succeeds



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What is enrichment?

Enrichment is an important part of Sixth Form education as these opportunities allow you to grow and develop as a young person. Sixth Form is one of the most challenging academic undertakings you will experience and it is important to balance this with other activities outside the classroom. At Rainford, we have built an enrichment experience that is underpinned by the school ethos of Everyone Matters, Everyone Helps, Everyone Succeeds. Through this ethos we have been able to provide you with a number of opportunities to get involved.



Sixth formers need to explore career options more than ever before, Rainford High Sixth Form is committed to offering a complete programme of support of enrichment opportunities for students. The provision includes:

- Opportunity to discuss career goals post-18 through one-to-one career guidance interviews
- All students in lower sixth have access to UniFrog to help support their post-18 decisions
- Outstanding opportunities through the DofE Gold Programme.
- Support with UCAS guidance – in particular course research and choices
- Personal statement support in partnership with the University of Liverpool, Liverpool John Moores University and Edge Hill University



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Subject Specific Enrichment

Business

- Chester zoo marketing trip.
- Manage an event as part of your coursework – raising money for local charities.
- Guest speakers from local businesses to the Bank of England.

Computing and ICT

- Training at Manchester cyber security centre.
- Big Data – Meeting with Liverpool One data manager .
- Trip to SAE Liverpool .

Criminology & Law

- Learn with Lords .
- Guest Speakers from Barristers and Solicitors.
- Trip to Edge Hill University Crime Houses.

English, Drama and Performing Arts

- Visit to Edge Hill University English Department.
- Take Part in School Production.
- Theatre Visit .

Geography

- Trip to Iceland
- UN Mock Climate conferences.

Health and Social Care & Psychology

- Visit to EDGE Hill University medical school.
- Visit to Clatterbridge Cancer centre.
- Diabetes Nurse Q&A.





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Subject Specific Enrichment

History & Government and Politics.

- Guest speaker from the civil service on law creation.
- Learn with Lords event.
- Support in Cambridge Essay Competitions.

Modern Foreign Languages

- FLA sessions with a native speaker.
- Links to University of Liverpool – grammar, film and literature workshops.
- Foreign cinema visits.
- Supporting KS3 language clubs.
- Delivering assemblies
- Participating and running whole school events to raise the profile of languages.

Media, Film and Photography

- Trip to SAE.
- Heart of Glass links.
- Gallery visits to Liverpool.
- Artist studio visits .
- University degree show.
- visits- Manchester (MMU.)

Religious Studies

- Rainford Christian Union.
- Trips to Edge Hill/UCLAN.

STEM

- Nuffield Science placements.
- Chemistry/Biology Olympiad .
- Young analyst competition .
- Field work Ainsdale Sands
- CERN trip.
- University of Manchester masterclasses.

Sport

- Coaching opportunities.
- Sixth Form Football.



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General Enrichment Opportunities



Rainford Tik Tok Team

Are you interested in a career in modern or social media? Join the team who create, film and star in the Rainford Sixth Form Tik Tok Account.

Debate Society

Do you always think you're right? Do you have an overwhelming urge to prove somebody wrong? The Debate Society is the place for you!



CPR & First Aid
Training Class

First aid training equips people to act quickly, save lives, reduce injuries, build confidence, meet legal duties, and create safer workplaces, schools, and communities everywhere.

First Aid Training

LGBTQIA+ Society

Our school's LGBTQIA+ Society provides a safe, inclusive space to celebrate diversity, support wellbeing, educate allies, and empower students through community, advocacy, and respect together.



Managing Money for Young Adults

All year 12's have the opportunity to complete this Open University course on money management skills. Awarded the Young Money Financial Education Quality Mark completion of this course gives pupils a head start in their financial skills.



Sixth Form Congress

Join the sixth form congress to take a leading role in how Rainford Sixth Form operates. Congress members represent pupils on a wide range of issues from events planning and management to changing aspects of the school day.





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Duke of Edinburgh – Gold Award

Amazing opportunities await you at Rainford High Sixth Form Gold DofE – Discover you, discover adventure, discover your future. Gold DofE is a journey that will help you shine in our sixth form. Where will Gold DofE take you? The award has enormous value to both future employers and university applications. There are 5 elements to gold.

We have created a bespoke programme that will take you on a life-changing journey and we will be making memories that will last a lifetime.

Our expedition adventure starts in the Lake District where you will learn key skills canoeing on open water; we have 2 training sessions before our next step!

We will travel to Scotland on our practice expedition and explore the highlands in canoes along with a trek.

Finally, your expedition adventure ends in Norway where we will canoe through the fjords and trek over the mountains! We also guide you with the residential section; we are planning to make a difference in places like West Africa, South of France or a UK based project.

Staff are on hand to help you with each element of the award. Your final destination is Buckingham Palace, where you will receive recognition from royalty for all your efforts.



GOLD

Volunteering 12 months

Physical Skills one section for 12 months, the other for 6 months

Expedition 4 days 3 nights



Residential 5 days 4 nights

Direct entrants must do a further 6 months in the Volunteering, or the longer of the Physical or Skills sections.





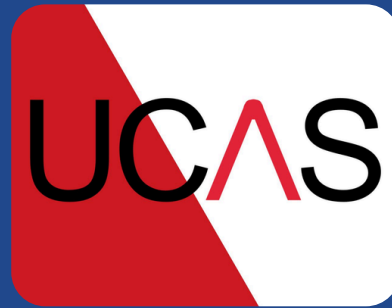
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Whole Sixth Form Trips

UCAS Discovery Day Manchester

Every Year year 12s have the opportunity to meet representatives from over 150 universities at Manchester Central Arena. They can explore apprenticeships with major employers, and get expert guidance on applications and career paths.



National

Apprenticeship Show

Year 12 pupils have the opportunity to attend an apprenticeship show to explore alternative pathways into employment.

Christmas International Residential

Every year Year 12 and 13 pupils are offered the opportunity to take part in an international residential after mock exams at christmas. This year we travelled to Lille in France and explored the amazing historic city and its world famous christmas markets.

Year 12/13 pupils always get a say in where we travel to, and it is an amazing opportunity to make unforgettable memories.



Employability and Work Experience Opportunities

Employability Days

Throughout their time in sixth form pupils will attend a number of employability days. These days focus on introducing pupils to Local and National Universities and employers. These sessions enable our pupils to discover their future pathways. In addition to these days pupils also have the opportunity to attend the National Apprenticeship show and the UCAS Discovery Day in year 12.

Work Experience

We encourage them to consider face-to-face work experience as an invaluable opportunity to develop essential skills and gain first-hand insight into the workplace. It also helps them build confidence, adapt to workplace expectations, and gain practical experience that can be beneficial for university applications or future job opportunities. We also offer support in finding virtual work experience courses throughout the year.

Partner Employers and University



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Honours Programme



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In order to support our highest achieving students, we have developed a programme of activities to support students in their applications to Oxford or Cambridge. These sessions are designed to give students the necessary experiences and tools in order to write a very competitive application. In order to be eligible for this programme students must achieve a mixture of 9s/8s/7s in their GCSEs. The sessions detailed below are whole group sessions, however we also offer 1:1 interview practice to support students and access external support when needed.



We have a strong history of success when it comes to students achieving places at Oxford or Cambridge. Every year honours programme pupils have the opportunity to visit either Oxford or Cambridge on an overnight residential. During this trip, pupils will have the chance to stay in student halls, explore the city and attend guest lectures. The school also has strong links with Individual colleges at Oxbridge, such as St. Peter's who often come in to deliver tailored sessions on the Oxbridge application process.

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Additional Academic Qualifications

You may choose to study an additional 4th subject in year 12 to support applications to post 18 pathways. At Rainford we offer an English and Maths based route to do this:

EXTENDED PROJECT QUALIFICATION – EPQ

The Extended Project Qualification is a freestanding qualification designed to stretch and challenge students and is optional in Year 12. You choose your own project which you can then explore in depth. The project could be an aspect of a subject you're studying or a topic you have a personal interest in. This level of choice and flexibility means you are engaged and motivated and will gain valuable research and project management skills along the way. The EPQ is equivalent to 50% of an A-level and is assessed at A-level standard. It will develop and extend from one or more of your study areas and/or from an area of personal interest outside your main programme of study. It is entirely flexible and will be based on a topic chosen by you. The final product can be equally flexible and can take the form of a 5000-word report (on any topic you can think of!) or an artefact.

Artefacts can include:

- A piece of art (sculpture, painting etc)
- A piece of music
- A video (trailer / documentary / music video)
- A script or performance
- A short story or novella
- A magazine

If you choose an artefact, it must be accompanied by a 1000-word report, detailing your processes. Your project can take the form of whatever is most suitable for the topic. The EPQ is recognised and valued highly by universities, as it will clearly demonstrate your ability to manage your own workload and study independently and may even reduce your university offer.

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LEVEL 3 CORE MATHS

Level 3 Mathematical Studies (Core Maths) is a relatively new qualification designed for students to help to develop their mathematical skills and thinking and supports courses such as A-level Psychology, Sciences and Geography as well as technical and vocational qualifications.

Mathematical studies aims to prepare students for the mathematical demands of higher education and work where there is a distinct mathematical or statistical element, but where the mathematical demands do not stretch to a requirement for A-level mathematics. The course focuses on applications of mathematics.

Topics include analysis of data (including spreadsheets and tabular), maths for personal finance and some useful applications of statistics such as the normal distribution, probabilities, estimation, correlation and regression.

This course is awarded grades A, B, C, D, E, which lead to equivalent UCAS points as an AS qualification.



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Apprenticeship Support at Rainford Sixth Form



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Career
Connect

Apprenticeships are becoming the most popular option for students leaving Rainford Sixth Form. We have a track record of helping pupils secure apprenticeship placements with local and national companies. We work closely with Career Connect and Degree Apprenticeship Providers like Manchester Metropolitan University and Liverpool John Moores University. If you are interested in pursuing an apprenticeship please get in touch with Miss Hird.

Where have our students gone?



Helpful Websites for Apprenticeships

Careers Connect - www.careersconnect.org.uk

Amazing Apprenticeships - www.amazingapprenticeships.com

Liverpool City Careers Hub - <https://www.liverpoolcityregion-ca.gov.uk/skills-apprenticeships>

Manchester Met University - <https://www.mmu.ac.uk/study/apprenticeships>

Liverpool John Moores University - <https://www.ljmu.ac.uk/study/degree-apprenticeships>



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FUTURE-PROOFING YOU FOR YOUR NEXT STEPS TO SUCCESS

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Rainford High Sixth Form Higher Lane, Rainford, St Helens, Merseyside WA11 8NY

www.rainfordsixthform.org.uk

Tel:0174488591