



PARTNER OF THE EVERYONE MATTERS SCHOOLS TRUST

Allergy Safety Policy

Everyone Matters

We expect our community to be kind, polite and respectful

Everyone Helps

We expect our community to make sensible choices

Everyone Succeeds

We expect our community to work hard

Policy Owner	Principal
Scope of the Policy	This policy applies to all of the school community
Written	July 2026
Next review due	July 2027
Summary of key changes	New policy



Policy Statement

Rainford High School is committed to safeguarding students with allergies and ensuring they are **safe, supported, and fully included in school life**.

We recognise that allergies can be **life-threatening**, and effective management requires:

- Clear procedures
- Staff training
- Strong communication with families

This policy should be read alongside the **Medical & Health Care Policy (2026)**.

Aims

This policy aims to:

- Reduce the risk of exposure to allergens
- Ensure effective emergency response procedures
- Provide staff with the knowledge and skills to support students
- Promote inclusion and wellbeing

Legal guidance and framework

This policy reflects:

- Children and Families Act 2014
- Equality Act 2010
- DfE guidance on supporting pupils with medical conditions
- Emerging statutory guidance on **allergy safety (expected Sept 2026)**

Schools are expected to:

- Have a **separate allergy policy**
- Provide staff training
- Maintain emergency medication supplies
- Improve incident recording and response

Responsibilities

- **Senior Leader:** Principal – Ian Young
- **Allergy Lead:** SENCo (Jo Burgess)
- **Governor with responsibility:** Health & Safety Governor

School Responsibilities

The school will:

- Maintain and publish this policy annually
- Ensure staff are trained in allergy awareness
- Maintain emergency medication supplies
- Record and review incidents and near misses

Identification of Students with Allergies

The school will:

- Collect medical information on admission and annually
- Maintain an up-to-date register of students with allergies
- Ensure staff can access this information via SIMS

Parents must:

- Inform school immediately of any changes
- Provide medical evidence where appropriate

Individual Healthcare Plans (IHPs)

An IHP will be created for any student with:

- Severe allergies
- Risk of anaphylaxis
- Required medication

IHPs will include:

- Known allergens
- Symptoms and warning signs
- Emergency actions
- Medication details (e.g. EpiPen use)

Review

- At least annually
- After any incident or near miss
- When medical needs change

Reducing Risk (Prevention)

Whole School Approach

The school will:

- Promote awareness of allergies among students and staff
- Take reasonable steps to reduce allergen exposure
- Implement risk assessments

Food and Allergens

- Rainford High operates as a **nut-aware environment**
- Nut products should not be brought into school where possible
- Catering will:
 - Identify allergen content
 - Follow food safety guidance

Classrooms and Activities

- No food used in lessons unless risk assessed
- Avoid sharing food
- Clean surfaces regularly

Emergency Medication

Adrenaline Auto-Injectors (AAIs)

The school will:

- **Maintain a supply of spare AAIs on site**
Ensure they are:
 - Stored safely
 - Accessible at all times
 - Check expiry dates regularly

Student Medication

Students with severe allergies:

- Must carry their own EpiPenx2 (where appropriate)
- Should also have a spare in school

Staff Training

All staff will receive:

- **Annual allergy awareness training**
- Training in:

- Recognising anaphylaxis
- Using AAI's
- Emergency procedures

Training will be:

- Recorded
- Updated regularly

Allergies

In the case of severe allergies, it is advised that parents book an appointment to discuss their child's allergies and needs with the SENCo team (before the academic year begins if possible), and bring along your GP's written information about the allergy, as well as a written management plan the student's needs.

Staff must take a child's emergency medicines to all off-site activities. It is the parent/carer's responsibilities to make sure, it is on the student prior to leaving home in the morning.

All staff receive allergy training during the academic year.

Anaphylaxis UK- 96a High Street -Frimley – Surrey – GU16 7JE Phone 0125 254 2029-
www.anaphylaxis.org.uk

Students with anaphylaxis risk and asthma will be required to carry their **epipens and inhaler on them at all time.**

We are a NUT free school and that will include any chocolate bars in packed lunch (ie: snickers...). Please be aware that school has got allergenic trees on site located at the far-left corner of the rugby pitch - see appendix 3 -site maps

Emergency Auto Injector Kit

From September 2020, we have now purchased a 'spare' to use in case of emergency where a personalised AAI is unavailable.

Schools with spare AAIs/ inhaler should store these as part of an emergency kit, which should include :

- 1 or more AAI(s)
- 1 or more inhaler(s)
- Instructions on how to use and store the device(s). This information can be found on the manufacturer's information leaflet included with the AAI./ inhaler.

Recognising an Allergic Reaction

Mild to Moderate Symptoms

- Itching, rash, swelling
- Stomach pain or vomiting
- Sneezing or runny nose

Severe Reaction (Anaphylaxis)

- Difficulty breathing
- Swelling of throat or tongue
- Collapse or unconsciousness

Emergency Procedures

If anaphylaxis is suspected:

1. **Administer EpiPen immediately**

2. Call **999** (state “anaphylaxis”)
3. Stay with the student
4. Contact parents/carers
5. Use second EpiPen if symptoms persist

All incidents must:

- Be recorded on SIMS
- Be reviewed

Educational Visits and Activities

Arrangements must be clear and unambiguous about the need to actively support students with medical conditions to participate in school trips and visits, or in sporting activities (including physical education lessons) and not prevent them from doing so, unless it is otherwise stated in their Individual Healthcare Plan.

Teachers and/or other designated school staff should be aware of how a child’s medical condition will impact on their participation, but there should be enough flexibility for all children to participate according to their own abilities and with any reasonable adjustments.

Arrangements should be made for the inclusion of students in such activities with any reasonable adjustments as required; unless evidence from a clinician such as a GP states that this is not possible.

The school will consider what reasonable adjustments they might make to enable children with medical needs to participate fully and safely in school trips and visits, or in sporting activities. The school must carry out a risk assessment so that planning arrangements take account of any steps needed to ensure that students with medical conditions are included. This will require consultation with parents and students along with advice from the relevant healthcare professional to ensure that students can participate safely.

When storing or transporting medicines for day trips, residential visits and sporting activities, the school should refer to the ‘Transportation of Medication’ and ‘Storing Medicines’ sections within this Policy.

We are a NUT free school and that will include any chocolate bars in packed lunch (ie: snickers...). Students with anaphylaxis risk and asthma will be required to carry their **epipens and inhaler on them at all time**. School WON'T take any backup medicines stored in the medical room. Please discuss this further with the person responsible of the trip, if you have got any questions.

Requirements:

- Students must carry EpiPens/inhalers
- Staff must take emergency kits
- Staff must be trained before visits

Incident Reporting and Near Misses

The school will record:

- Allergic reactions
- Use of emergency medication
- **Near misses** (e.g. exposure avoided)

Incidents will:

- Be reviewed
- Inform improvements to practice

Inclusion and Equality

The school will:

- Support all students to participate fully
- Make reasonable adjustments

- Promote understanding and reduce stigma

The school will NOT:

- Exclude students due to allergies
- Prevent participation without medical reason
- Expect parents to manage allergies onsite

Communication with Parents

The school will:

- Work in partnership with families
- Share relevant information with staff

Parents must:

- Provide Allergy Care plan before the start of the high school and keep school updated of any changes. Please contact the SENCO or the health coordinator to make an appointment – b.cart@rainford.org.uk
- Provide medication and keep it up to date and
- Inform school of any changes

Monitoring and Review

This policy will be:

- Reviewed annually
- Reviewed after serious incidents

Linked Policies

- Medical & Health Care Policy
- Safeguarding Policy
- Educational Visits Policy
- Health & Safety Policy